

# Tebast<sup>TM</sup> Tablet

Ebastine BP 10 mg

## COMPOSITION

**Tebast<sup>TM</sup> Tablet:** Each film-coated tablet contains Ebastine BP 10 mg.

## PHARMACOLOGY

Ebastine is a long-acting and selective H<sub>1</sub>-histamine receptor antagonist. After repeated administration, inhibition of peripheral receptors remain at a constant level.

Ebastine is almost totally converted to the pharmacologically active acid metabolite, carebastine. Peak plasma levels of carebastine occur at 2.6 to 4 hours and achieve levels of 80 to 100 ng/mL. The half-life of carebastine is between 15 and 19 hours.

Both ebastine and carebastine are highly protein bound, >95%.

## INDICATION

Ebastine is indicated for the symptomatic treatment of:

- Seasonal and perennial allergic rhinitis
- Chronic Idiopathic Urticaria
- Allergic skin disorders

## DOSAGE & ADMINISTRATION

Adults (more than 12 years of age): 10 mg (one tablet) once daily

Children (6-12 years of age): 5 mg (half tablet) once daily

Ebastine may be taken with or without food.

## SIDE EFFECT

The most common side-effects are headache, dry mouth and drowsiness. Less commonly reported side effects include abdominal pain, dyspepsia, nausea and insomnia.

## CONTRAINDICATION

Patients with a known hypersensitivity to ebastine or any of its ingredient.

## OVERDOSE

In studies conducted at a high dosage, no clinically meaningful signs or symptoms were observed up to 100 mg given once daily. There is not specific antidote for ebastine. In case of accidental overdose, gastric lavage, monitoring of vital functions including ECG, and symptomatic treatment should be carried out.

## SPECIAL PRECAUTION

Caution is advised when used in hepatic impairment, renal insufficiency, QTc interval prolongation.

## SPECIAL POPULATION

Pregnant mothers: The safety of ebastine during pregnancy and lactation has not been established.

Pediatrics: The safety and efficacy of ebastine tablets in children less than 12 years has not been established.

## DRUG INTERACTION

Concomitant use of ketoconazole, itraconazole, clarithromycin or erythromycin may increase plasma levels of ebastine and cause QTc interval prolongation.

## STORAGE

Store below 30° C at a cool and dry place, away from light and moisture. Keep out of reach of children.

## HOW SUPPLIED

**Tebast<sup>TM</sup> Tablet:** Each box contains 30 tablets.



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