# **Redclov**<sup>TM</sup>

# Red Clover Isoflavones 40 mg

# Composition

**Redclov**<sup>™</sup> capsule: Each capsule contains standardized extract of Red clover Isoflavones 40 mg.

## Pharmacology

Red clover Isoflavones are a naturally occurring element with a chemical structure similar to that of steroidal estrogens. Isoflavones mimic the human bodies' natural estrogen. As a result, red clover Isoflavones interact with the human estrogen receptor.

Red clover Isoflavones preferentially activate the beta estrogen receptors found in the brain bones and cardiovascular system.

Red clover Isoflavones show very little activity in the alpha estrogen receptors found in breast and uterine tissue

### Indication

**Redclov**<sup>™</sup> is indicated for menopausal women, for the relief of menopause symptoms. **Redclov**<sup>™</sup>:

- Helps to relieve symptoms of menopause such as hot flushes and night sweats
- Menopause related osteoporosis and bone density loss
- Maintenance of cholesterol level

# Dosage and administration

The recommended dosage is 1-2 capsules per day depending on body weight and on the severity of symptoms. Each **Redclov**<sup>™</sup> capsule should be taken with a meal and at approximately the same time each day.

### Contraindications

It is recommended that the diet should not be supplemented with Isoflavonoid phytoestrogens during therapy with reproductive hormones including estrogen, progestogen and androgen because of the potential risk of competitive inhibition.

### Drug interaction

Efficacy of Tamoxifen is decreased if it is used concomitantly with red clover. Caution is advised if anti-coagulants, contraceptives, estrogen and progesterone like drugs are used with red clover.

### Adverse reaction

No adverse reactions are known at the recommended dosage. Animal data showed that excessive may reduce fertility.

# Use during pregnancy and lactation

Not recommended for use during pregnancy. Isoflavones are secreted in breast milk, so use during lactation is not recommended.

# Storage

Store at cool and dry place below 30° c temperature away from direct sunlight & moisture. Keep the medicine out of the reach of children.

# How supplied

Redclov<sup>TM</sup> capsule: Each commercial box contains 30 capsules in Alu-PVDC blister pack.

Manufactured by

SQUARE PHARMACEUTICALS LTD.
HERBAL DIVISION

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