

Composition

Each 5 ml syrup contains Cod Liver Oil 0.1 gm, Vitamin A 2000 IU, Vitamin D 200 IU, Vitamin C 17.50 mg, Vitamin B1 0.70 mg, Vitamin B2 0.85 mg, Vitamin B6 0.35 mg, Vitamin E 1.50 mg & Nicotinamide 9 mg.

Pharmacology

Filwel ® Kids is a unique combination of vitamins designed & formulated especially for the children.

Filwel ® Kids contains Cod Liver Oil which is the nature's most abundant sources of Vitamins A and D, supplying a unique combination of health promoting properties. It is also a particularly rich source of rare eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) which make up the important omega 3 essential fatty acids. They help the body maintain a healthy blood circulation by lowering serum triglyceride levels and reducing the tendency for blood to clot. Besides keeping the body fit and healthy, it also builds resistance to infections, such as coughs, colds, chest and bronchial troubles.

Vitamin A is essential for growth and for the maintenance of healthy skin, hair and nails. It is also important for maintaining healthy vision.

Although each of the B vitamins is quite different, they have several features in common. They are involved in different enzyme systems in the body and tend to occur in the same foods. They are not stored in any great amounts in the body and hence need to be taken regularly.

Vitamin C is necessary for the overall healthy growth and development of the body. It helps to boost our immune system and helps the absorption of iron from certain foods. It has also been shown to have protective effects against certain forms of cancer and coronary heart disease. Vitamin C is not stored in any great amounts in the body hence must be taken every day.

Vitamin D is essential for the formation and maintenance of healthy bones and teeth. It is necessary for the body as it helps in the absorption of calcium and phosphorous thus keeping our bones strong and healthy.

Vitamin E is a natural antioxidant and hence helps to protect the body's tissues from attack by free radicals, which can attack fats in the membranes of our cells. Vitamin E is also found to help build a healthy heart and immune system. As intake of polyunsaturated fats increases, requirement for vitamin E also increases.

Indication & Use

Filwel ® Kids Syrup helps preventing vitamin deficiencies in children & adult. It stimulates appetite and improves digestion; promotes healthy hair, skin and nails, good vision, strong bones and healthy teeth; increases resistance against coughs, colds, chest and bronchial troubles; helps maintain healthy muscles and nervous system & helps optimizing brain development.

Dosage & Administration

Babies (1 - 12 months): Half teaspoon daily.
Children (1 - 4 years): One teaspoon daily.
Children (above 4 years): One & half teaspoon daily.
Adults: 2 teaspoon daily.
Women who are breast feeding or likely to become pregnant:
1 teaspoon daily.
It can be taken with water or milk if desired.

Use in Pregnancy & Lactation
Recommended.

Use in Children
Recommended

Precaution
In the long term use, this medicine may accumulate in the body which may cause hypervitaminosis of the related fat soluble vitamins. Then, it should not be used over dosage or be used continuously except recommended by the physicians.

Contraindication
The product is contraindicated in patients with a known hypersensitivity to any of the ingredients of this product.

Side Effect
Generally well tolerated.

Drug Interaction
No significant interactions have been observed.

Storage
Store in a cool and dry place, protected from light.

How Supplied
Filwel ® Kids 100 ml: Each pack contains 100 ml syrup in amber colored PET bottle with a measuring spoon.
Filwel ® Kids 200 ml: Each pack contains 200 ml syrup in amber colored PET bottle with a measuring spoon.